

# Certificate

This is to certify that

**Martina Ledermann**

date of birth: 7th February 1968

is awarded the

## **NUTRITIONIST LICENCE**

after having successfully completed (duration: 213 units) our

### **officially accredited correspondence course**

The exam has been passed in the form  
of a written, oral and practical demonstration of knowledge.

The following topics were taught and tested:

basics of nutrition, digestion of nutrients, macronutrients, fats, metabolism and provision of energy, carbohydrates, proteins, minerals, vitamins, water, secondary plant compounds, sports nutrition, nutrition in competitive sports, diets for weight loss, nutritional psychology, eating disorders, dietary supplements, obesity

Distance learning course approved by:



Frankfurt a. M., 2nd December 2018



City, date, examiner



CEO OTL Akademie